



**DIVERSITY AND
INCLUSION
CALENDAR**

2025

**JANUARY
2025**



LUNAR NEW YEAR

DIVERSITY AND INCLUSION CALENDAR 2025

JANUARY 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

		New Year's Day 1	2	3	World's Braille Day 4	5
6	Christmas (Eastern Orthodox) 7	8	9	10	11	12
13	Pongal (14th-17th) 14	15	16	17	18	World Religion Day 19
20	21	22	23	24	25	26
Holocaust Memorial Day 27	28	Lunar New Year 29	30	31		

LUNAR NEW YEAR (29th January)

Lunar New Year, also known as the Spring Festival or Chinese New Year, starts with the first new moon of the Lunar Calendar and concludes on the first full moon 15 days later. It is the most significant holiday in China and among Chinese communities globally.

The year 2025 will be the Year of the Snake.

**FEBRUARY
2025**

**OUR GAME
IS FOR
EVERYONE**

LGBT HISTORY MONTH

DIVERSITY AND INCLUSION CALENDAR 2025

FEBRUARY 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

					World Hijab Day World Interfaith Harmony Week	
Race Equality Week (3rd-9th) Sexual Abuse and Violence Week	World Cancer Day	National Girls and Women in Sport Day	Time to Talk Day			
			World Day of Social Justice			
Eating Disorder Awareness Week				Ramadan begins (Islam)		

LGBT HISTORY MONTH

An observance of lesbian, gay, bisexual and transgender history, and the history of the gay rights and related civil rights movements. LGBT History Month provides role models, builds community, and documents the contributions of the LGBTQ+ community to our society.

MARCH
2025

A photograph of three diverse women smiling and making peace signs. The woman on the left has long, dark, curly hair and is wearing a dark blue long-sleeved shirt. The woman in the middle has voluminous, curly, light brown hair and is wearing a bright blue zip-up jacket. The woman on the right is wearing a black hijab and a dark blue zip-up jacket. The background is a soft, out-of-focus grey. The overall mood is positive and celebratory.

**INTERNATIONAL
WOMEN'S DAY**

DIVERSITY AND INCLUSION CALENDAR 2025

MARCH 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

					International Wheelchair Day 1	2
					Zero Discrimination Day	
World Hearing Day 3	Shrove Tuesday (Christian) 4	Lent Begins (Christian) 5	6	7	International Women's Day 8	MS Awareness Week (9th - 15th) 9
10	11	12	13	Holi (Hindu) 14	15	16
Neurodiversity Celebration Week (17th-23rd) 17	British Sign Language Week (18th-24th) 18	19	20	World Down Syndrome Day 21	22	23
	Elimination of Racial Discrimination Day					
24	International Day to remember the Victims of Slavery & the Transatlantic Slave Trade 25	26	27	28	29	World Bipolar Day 30
International Transgender Day of Visibility 31						Eid-ul-Fitr (Islam)
Eid-ul-Fitr (Islam)						

WOMEN'S HISTORY MONTH

INTERNATIONAL WOMEN'S DAY (8th March)

A global day celebrated annually to commemorate the cultural, political, and socioeconomic achievements of women. It is also a focal point in the women's rights movement, bringing attention to issues such as gender equality, reproductive rights, and violence and abuse against women.

**APRIL
2025**



**NATIONAL AUTISM
AWARENESS MONTH**

DIVERSITY AND INCLUSION CALENDAR 2025

APRIL 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

	1	2 World Autism Awareness Day	3	4	5	6 International Asexuality Day
7 World Health Day	8 International Romani Day	9	10	11	12 Passover (Jewish 12th - 20th)	13
14 Vaisakhi (Sikh)	15	16	17	18	19	20 Easter Sunday (Christian)
21 Lesbian Visibility Week (21st-27th)	22	23	24	25	26	27
28	29	30				

NATIONAL AUTISM AWARENESS MONTH

Autism Awareness Month, observed every April, is a time dedicated to increasing understanding and acceptance of individuals with autism spectrum disorder (ASD). The month aims to raise awareness about the challenges faced by people with autism, highlight the diversity within the autism community, and promote inclusivity.

MAY
2025



**MENTAL HEALTH
AWARENESS WEEK**

DIVERSITY AND INCLUSION CALENDAR 2025

MAY 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

			1	2	3	4 International Family Equality Day
5 Deaf Awareness Week (5th-11th)	6	7	8	9	10	11
12 Vesak-Buddha Day (Buddhism)	13	14	15 Global Accessibility Awareness Day	16	17 International Day Against Biphobia, Homophobia and Transphobia	18
19 Dementia Action Awareness Week	20	21 Cultural Diversity Day	22	23	24 Pansexual Visibility Day	25
26	27	28	29	30	31	

MENTAL HEALTH AWARENESS WEEK (12th - 18th May)

An annual opportunity for the whole of the UK to focus on achieving good mental health. The 2025 Mental Health Awareness Week theme is 'Movement: Moving more for our mental health'. This year's Mental Health Awareness Week aims to spread awareness of how building more movement into our daily lives can support our mental health.

**JUNE
2025**



MEN'S HEALTH WEEK

DIVERSITY AND INCLUSION CALENDAR 2025

JUNE 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

						1 Shavuot (Judaism)
2	3	4	5	6 Eid Ul-Adha (6th-10th)	7	8 Race Unity Day
9 Carers Week Men's Health Week	10	11	12	13	14	15
16 Neurodiversity Pride Week Refugee Week Learning Disability Week	17	18 Autistic Pride Day	19	20	21	22 National Windrush Day
23	24	25	26	27 Muharram - New Year (Islam)	28	29
30						

GYPSY, ROMA AND TRAVELLER HISTORY MONTH

LGBTQ+ PRIDE MONTH

MOTOR NEURONE DISEASE AWARENESS MONTH

STILLBIRTH AND NEONATAL DEATH AWARENESS MONTH

MEN'S HEALTH WEEK (9th - 15th June)

Men's Health Week is an annual observance that aims to raise awareness about the health challenges faced by men and promote strategies for better physical and mental well-being.

JULY
2025

SOUTH ASIAN
HERITAGE MONTH

DIVERSITY AND INCLUSION CALENDAR 2025



JULY 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

	1	2	3	4	5	6
7	8	9	10	11	12	13
14 International Non-Binary People's Day	15 World Youth Skills Day	16	17	18 Nelson Mandela Day South Asian Heritage Month (18th-Aug17th)	19	20
21	22	23	24	25	26	27
28	29	30				

DISABILITY PRIDE MONTH

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SOUTH ASIAN HERITAGE MONTH

South Asian Heritage Month aims to enhance the recognition of British South Asian heritage and history in the UK by focusing on education, arts, culture, and commemoration. Its goal is to foster a deeper understanding of the diversity that defines modern Britain and to promote greater social cohesion across the country.

**AUGUST
2025**

**INTERNATIONAL
YOUTH DAY**

DIVERSITY AND INCLUSION CALENDAR 2025

AUGUST 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

				1 World Breastfeeding Week	2	3
4	5	6	7	8	9 International Day of the World's Indigenous People	10
11	12 International Youth Day	13	14	15	16	17
18	19 World Humanitarian Day	20	21	22 International day Commemorating the victims of acts of Vionlence based on Religion and Beliefs	23 International day for the Remembrance of the Slace Trade and its Abolition	24
25	26	27	28	29	30	31

INTERNATIONAL YOUTH DAY (12th August)

A day to recognise the input that young people make in education, community development, environmental groups, and volunteering for different social projects. It also highlights the difficulties that some young people experience throughout the world.

SEPTEMBER
2025

**COLOUR BLIND
AWARENESS DAY**

DIVERSITY AND INCLUSION CALENDAR 2025

SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5 International Day of Charity	6 Colour Blind Awareness Day	7
8	9	10 World Suicide Prevention Day	11	12	13	14
15 Latin American Heritage Month (15th-Oct 15th) National Inclusion Week	16	17	18 International Equal Pay Day	19 Youth Mental Health Day	20	21 World Alzheimer's Day
22	23 International Day of Sign Languages Bi Visibility Day	24	25	26	27	28
29	30					

EAST AND SOUTH EAST ASIAN HERITAGE MONTH

WORLD ALZHEIMER'S MONTH

LATIN AMERICAN HERITAGE MONTH

COLOUR BLIND AWARENESS DAY (6th September)

Colour Blind Awareness Day is a valuable opportunity to celebrate and raise awareness about colour blindness. With one in 12 males and one in 200 females affected by some form of colour blindness, most sports teams probably have at least one player with the condition. This day helps increase understanding and support for individuals living with colour blindness.

OCTOBER
2025

BLACK HISTORY
MONTH

DIVERSITY AND INCLUSION CALENDAR 2025

OCTOBER 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

		International Day of Older Persons 1	Yom Kippur (Judaism) 2			
		Yom Kippur (Judaism)				
Dyslexia Awareness Week 6			Baby Loss Awareness Week 9	World Mental Health Day 10	Coming Out Day 11	
World Cerebral Palsy Day				World Sight Day	National Hate Crime Week	
			International Pronouns Day 16		World Menopause Day 18	
					Anti-slavery Day	
Diwali (Hindu, Sikh, Jain) 20	Bandi Chhor Divas (Sikh) 21					Intersex Awareness Day 26
National Mentoring Day 27						

ADHD AWARENESS MONTH

BREAST CANCER AWARENESS MONTH

DOWN SYNDROME AWARENESS MONTH

WORLD BLINDNESS AWARENESS MONTH

WORLD MENOPAUSE MONTH

BLACK HISTORY MONTH

A acknowledgement and celebration of the Black experience, Black History Month highlights the huge contribution that Black men and women have made to society. With Black History often sidelined, appropriated and misrepresented, this month-long observance recognises the importance and impact of those stories.

NOVEMBER
2025



ISLAMOPHOBIA
AWARENESS MONTH

DIVERSITY AND INCLUSION CALENDAR 2025

NOVEMBER 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

					1 National Stress Awareness Day	2
3	4	5	6	7	8	9 Remembrance Sunday
10	11	12	13 Anti-Bullying Week	14 World Diabetes Day	15	16 International Day for Tolerance UK Disability History Month (16th - 16th Dec)
17	18	19 International Men's Day	20 Transgender Day or Remembrance	21	22	23
24	25 International Day for the Elimination of Violence Against Women	26	27	28	29	30

MEN'S HEALTH AWARENESS MONTH

RAINBOW LACES

ISLAMOPHOBIA AWARENESS MONTH

November is Islamophobia Awareness Month, a time to learn about the impact of Islamophobia and find out how you can help challenge stereotypes and prejudices.

**DECEMBER
2025**

**INTERNATIONAL DAY OF
PERSONS WITH DISABILITIES**

DIVERSITY AND INCLUSION CALENDAR 2025

DECEMBER

2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

World AIDS Day 1	International Day for the Abolishment of Slavery 2	International Day of Persons with Disabilities 3	4	5	6	7
8	9	Human Rights Day 10	11	12	13	Hanukkah (Judaism) 14
15	16	17	International Migrants Day 18	19	20	21
22	23	Christmas Day (Christian) 24	Boxing Day (Christian) 25	26	27	28
29	30	31				

INTERNATIONAL DAY OF PERSONS WITH DISABILITIES (3rd December)

This day aims to promote an understanding of disability issues and mobilise support for the dignity, rights and well-being of persons with disabilities. It also seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life.